



Don't Let Your Guard Down Yet.



Delivery and Truck Driving

Employers are required to protect their workers from COVID-19 by:

- Implementing an effective social distancing plan in the workplace, providing six feet of space in between workers;
- Ensuring frequent and adequate hand washing;
- Increasing the cleaning and sanitizing of commonly touched surfaces
- Providing education to workers about coronavirus and how to prevent transmission in the *language they understand*;
- Isolating sick workers by making sure sick employees stay home or go home; and
- Establishing procedures for reporting a suspected or confirmed case.

Some delivery drivers travel alone most of the time. Some, however, make frequent local deliveries and come into contact with store owners and customers. There are a few things delivery and truck drivers can do to help prevent the spread of COVID-19:

- Use a radio to talk to dock managers and other drivers to create social distance;
- Avoid going into facilities whenever possible; instead drop and go;
- Maintain separation in dispatch areas, locker rooms, fueling stations, pickup and delivery sites, and when working in places where there is likely to be a group of people gathered together;
- Wear a mask when getting in and out of the truck, keep a supply of clean masks handy and switch them out when they become soiled; and
- Use hand sanitizer and wash your hands frequently, especially after getting fuel, using restroom facilities, picking up food, or making deliveries.