



Don't Let Your Guard Down Yet.



Agriculture

Employers are required to protect their workers from COVID-19 by:

- Implementing an effective social distancing plan in the workplace, providing six feet of space in between workers;
- Ensuring frequent and adequate hand washing;
- Increasing the cleaning and sanitizing of commonly touched surfaces
- Providing education to workers about coronavirus and how to prevent transmission in the *language they understand*;
- Isolating sick workers by making sure sick employees stay home or go home; and
- Establishing procedures for reporting a suspected or confirmed case.

Heat Stress and Face Coverings

Can I overheat from wearing a mask outside when it is hot?

No, a face covering alone won't cause a person to overheat. Studies show that filtering face pieces (N95 respirator) do not cause physiological stress to most wearers and don't contribute to heat stress. Cloth face coverings and procedural masks are typically not as restrictive.

When can a face shield substitute for masks for outside heat-exposed workers?

Workers may wear a face shield without a mask only when working alone with no expected interaction with anyone else.

At what temperature is it okay to remove masks to avoid heat stress?

It is not okay to remove a face mask based on temperature it isn't an effective way of reducing body temperature. Instead, encourage regular protective measures to control heat stress such as drinking plenty of water, taking frequent breaks in a cool area, and scheduling work during cooler parts of the day.